

Garrett Youth Soccer – Spring Camp 2025 – Week 2

Focus: Kicking / Passing

Age: 2nd – 3rd Grade

Primary Focus: Kicking the ball with the inside of the foot. Avoid the toes! Working on attempting to hit a target with our passes.

1:00-1:10 Partner Passing

Players will need one ball between partners. They should spread out and focus on passing to their teammate with the inside of their foot. They are also looking to receive the ball with the same part of the foot from which they are passing.

1:10-1:20 Kicking for Distance

Players will attempt to move from one side of the field to the other in as few kicks as possible. With a large group of players, we may need to let the kids go in “waves”.

1:20-1:30 Scattered Goal Passing

Players will line up along the long end of the area and attempt to kick their ball into one of the goals scattered throughout the area. Players should be encouraged to try to hit goals that are farther away if they are consistently hitting the closer ones.

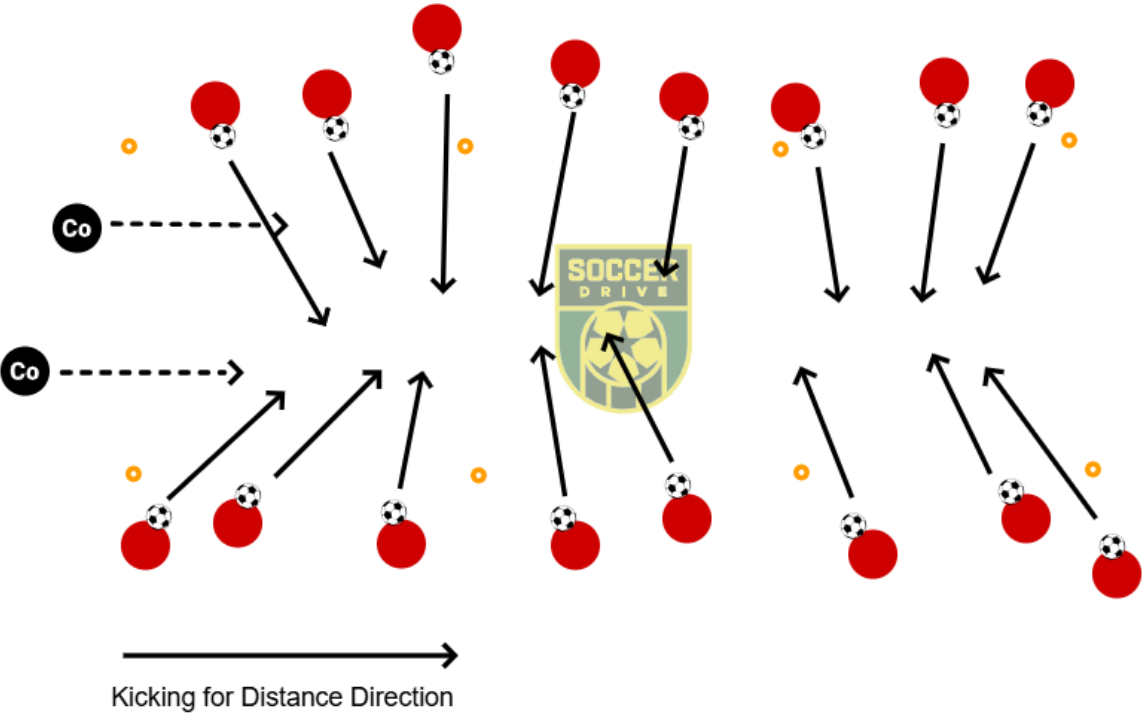
1:30-1:45 Kick the Coach

Players will line up along both longer sides of the area with their ball. They will attempt to hit one of the coaches with their ball as the coach moves from one side of the area to the other.

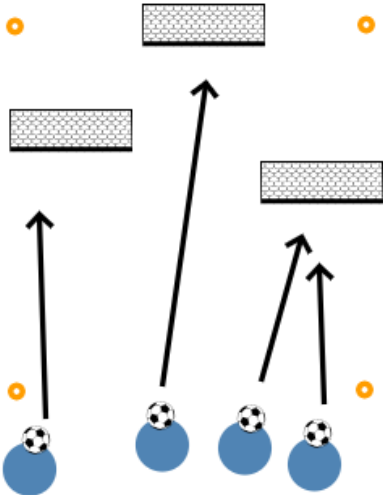
1:45-2:00 Space Wars

Players will attempt to dribble around an area and hit one of the coaches with their ball, by passing. This should help the players learn to position themselves and aim for a moving target.

Kick the Coach Layout



Scatted Goals Layout (in all boxes)



Space Wars Layout

